

WHAT CAN I DO?

Engage with state & local elections — these are the people who reform police depts & the criminal justice system

Find your representatives [here](#)



Usually Tuesdays at 9:30am



Attend LAPD Police Commission meetings

#BlackBirdersWeek
#BlackInNature
#BlackAFInSTEM

Spread & amplify the voices of Black scientists



Real change requires long-term, sustained investment, so join organizations & stay involved

[Color of Change](#), [Black Lives Matter](#), [Youth Justice Coalition](#), [Ground Game LA](#), [Reform LA Jails](#), [Aware LA](#), [Showing Up for Racial Justice](#)

Follow organizations on social media that are working to end police violence to get direct guidance on how best to contribute

Get involved



In LA: @BLMLA
@YouthJusticeLA
@JusticeLANow



If you protest: be safe, be prepared, & [know your rights](#)



Open dialogues about being actively [anti-racist](#)

And VOTE



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